# My Life. My Decisions

## Describing notes for Powerpoint PresentationThe Conversation: Supported Decision Making Hui

People First New Zealand members’ presentation
People First New Zealand Ngā Tāngata Tuatahi

General notes about this presentation

* There is a new page for each slide and each page is headed with the slide number – there are 34 slides.
* Each slide is headed with the title of the slide in green text, to the left of the title is the People First New Zealand Ngā Tāngata Tuatahi logo.

The logo is a green outlined boxed. The words People First are set in green, and below it are two bars – one purple, and one green. The words ‘New Zealand’ is set in the purple bar, and the words ‘Ngā Tāngata Tuatahi’ in the green bar. To the left of the text, and breaking out of the green outline is a flying purple butterfly.
* Images and graphics are described under ‘Picture’ – the background is not referred to as it is repeated on all slides.
* There is a heading ‘Slide notes’ on pages which include notes and these feature the notes copied directly from the PowerPoint and were distributed to those who attended this hui session.

# Slide 1 – Title slide

## Slide 1: Title slide

My Life My Decisions

## Slide text:

## Picture:

A figure of a person with a question mark over their head. They are facing a sign post. The sign is a white pole with three different green direction signs – ’Yes’, ’No’ and ’Maybe’.

# Slide 2

## Slide title:

Introducing

## Slide text:

**Hamish Taverner**

* lives in Palmerston North
* is Central Region President and National Chairperson
* is a Special Olympics Global Messenger.

## Picture:

A photograph of Hamish.

## Slide notes:

My name is Hamish Taverner.

I live in Palmerston North and I am People First’s national chairperson and the central region President.

I have nearly been the National Chairperson for 4 years. It has been amazing and a lot of meetings and helping other people.

I have lived in my own house for 16 years and I live with my cat Sooty.

I am also a Global Messenger for Special Olympics and I do swimming and boccia for my sports.

I have a part-time job doing office work at the Animal Breeding Trust.

# Slide 3

## Slide title:

Introducing

## Slide text:

## **Alex Snedden**

## Lives in Auckland

## Lives in own flat with 3 flatmates

## Working to become a deacon within the Catholic church

## Vice-President of Northern region.

## Picture:

A photograph of Alex.

## Slide notes:

Hi I am Alex Snedden and I live in Auckland.

I have 2 dogs.

I live in my own flat with 3 flatmates and I am the landlord.

I am working to become a Deacon within the Catholic Church.

A Deacon is like a Minister.

I am the Vice-President of the Northern region for People First and I have 3 jobs.

# Slide 4

## Slide title:

Introducing

## Slide text:

## **Hazel Penton**

## Lives in Auckland

## Lives in a big community service

## Paid work and volunteer job

## Special Olympics swimming and basketball.

## Picture:

A photograph of Hazel.

Slide notes:

Hello I am Hazel Penton and I live in Auckland.

I live with 3 flatmates in a big community service called Hohepa. There are around 50 other people there.

I have 2 dogs.

I work at Spotlight 3 days a week and have a volunteer job at the Salvation Army Family Store.

I also do swimming and basketball with Special Olympics and I like doing lots of craft work.

# Slide 5

## Slide title:

Introducing

## Slide text:

## **Jodie Turner**

## lives in Tauranga and is the Midland Region President

## lives in her own flat

## starting to look for work.

## Picture:

A photograph of Jodie.

## Slide notes:

Hi I am Jodie Turner and I am from Tauranga.

I am the Tauranga group President and the Midland Region President.

A couple of years ago I made the decision to go flatting and I love it.

It was an easy decision because I had been thinking about it for about 4 years. I have been in supported living now for over 2 years.

I didn’t like having staff all the time and I wanted to have my own flat.

I am also starting to look for work for when my time on the National Committee is up in August next year. I am doing this with the help of Workbridge.

Karaoke and dancing are 2 of my favourite hobbies.

# Slide 6

## Slide title:

A bit about People First NZ

## Slide text:

## No other text.

## Picture:

The old People First logo – a large green circle with the outline picture of a large butterfly breaking the circle. To the left of the circle is the word ’People’ and the word in the circle next to the butterfly is ’First’. Below the word People is the phrase ’Ngā Tāngata Tuatahi’.

## Slide notes:

Today we want to talk about making decisions but first a bit about our organisation People First.

* People First NZ was started in 1984.
* It was supported by IHC for the first 20 years.
* This is our old logo.

# Slide 7

## Slide title:

People First - Ngā Tāngata Tuatahi

## Slide text:

## No other text.

## Picture:

A photograph of a meeting held at People First. The group of 7 People First members are sitting around a table with is set with plates of food and drinks. There is a bookcase in the background along with a large poster on the wall which reads ’Self Advocacy – People First meeting’. The group is celebrating People First’s 10th anniversary.

## Slide notes:

Since 2003 People First has stood on our own.

Now it is the members who lead People First.

In 2013 we celebrated being 10 years old.

Over the past 13 years we have grown better and stronger.

# Slide 8

## Slide title:

People First – Ngā Tāngata Tuatahi

## Slide text:

## No other text.

## Picture:

Stylised figure is speaking into a very large megaphone.

## Slide notes:

People First NZ is a Disabled Persons Organisation.

You can also say a **DPO**.

This means People First is here to make sure the voice of people with learning disability is heard.

It is a self advocacy organisation led by and for people with learning disability.

We have hundreds of members all over New Zealand.

# Slide 9

## Slide title:

Speaking up – Our Voice

## Slide text:

## Text noted in picture description below.

## Picture:

# A large red, silver rimmed megaphone with a silver handle takes up most of the slide. Written on the side of the megaphone are the words ’Speak Up’ with an arrow pointing towards the opening of the megaphone. To the right of the megaphone are the words ’& Be Heard!’ in a handwritten font.

## Slide notes:

People First NZ assists members to speak up about what we think needs to change to make New Zealand a better place for us to live.

Members get to speak to government officials, to local city councils and politicians.

People First gets lots of requests for members to be on advisory groups, councils and boards.

Being on these groups gives members the chance to:

* speak up and have people listen
* and to give thoughts and ideas to make changes.

Learning to speak up can help us make decisions to make other changes in our lives like moving out of residential services to go flatting with support.

# Slide 10

## Slide title:

Making Decisions

## Slide text:

## Text noted in picture description below.

## Picture:

A large red, dice. There is a word on each of the visible faces of the dice – ’Yes’, ’No’ and ’Maybe’.

## Slide notes:

**People First assists members to run our own organisation:**

* by giving us information in easy read
* By having meetings in different ways that suit us
* By having Assistants who have good relationships with us so they can give us good assistance.

All these things assist us to make the decisions we need to within People First.

# Slide 11

## Slide title:

Services and Projects

## Slide text:

## No text.

## Picture:

There are four different images on this slide.

1. A large green question mark to the left of the slide with the text ’Disability Information’.
2. Under the question mark, a group of orange stylised figures facing a blue stylised figure which is elevated on a pedestal or small stage.
3. To the right of the question mark, a group of six blue stylised figures facing a red stylised figure which is pointing at a white board at the front.
4. Under the group of orange figures, is a black and white illustration of two men sitting and talking, one is holding a leaflet or booklet, and looking intently at it. The figure to his left, is pointing at the booklet.

## Slide notes:

People First New Zealand also:

* runs a Disability Information and Advice Service
* has an Easy Read Translation Service called Make It Easy
* does training courses through our education service Learn With Us and other project work.

# Slide 12

## Slide title:

The UN Convention

## Slide text:

## No text.

## Picture:

In the middle of the slide, taking up most of it, is the blue United Nations logo – with the letters UN in blue below. It features laurel leaves encircling a circle which features a grid and beneath the grid is an image of the world featuring a number of the main continents.

## Slide notes:

All People First’s work is done in line with the UN Convention on the rights of disabled people.

The UN Convention guides People First.

It should guide you too.

# Slide 13

## Slide title:

The UN Convention

## Slide text:

## No text.

## Picture:

A photographic image of 11 hands raised. The hands depict a range of ethnicities.

Slide notes:

Hands up if you know about the UN Convention

Keep your hands up if you have read it

Keep your hands up if you use it in your work.

# Slide 14

## Slide title:

The UN Convention

## Slide text:

## No text.

## Picture:

A stylised figure is standing at the beginning of a path. At the end of the path are four arrows, all each indicating a different direction.

## Slide notes:

When the convention was being made there was a lot of talk about decision making

Disabled people said we can and we want to make our own decisions.

Sometime we might need support to do this and that’s Ok.

We don’t want others to be making our decisions and controlling our lives.

The convention has given us a tool to make sure this doesn’t happen

# Slide 15

## Slide title:

Article 12 of the UN Convention

## Slide text:

## No text.

## Picture:

A photographic image of a dining table in a restaurant. The table is set formally with cutlery, glassware and crockery set around the table. In the middle of the table is a centrepiece featuring a large white branch with fairy lights hanging from it.

## Slide notes:

Article 12 is being called the centre piece of the Convention.

Article 12 is about being treated equally by the law and says:

* people with disabilities are to be respected by the law like everyone else
* people with disabilities have their own rights to make choices about important things as everyone else
* people with disabilities should have the support they need when making choices.

# Slide 16

## Slide title:

Things need to change

## Slide text:

## Independent but not alone.

## Picture:

A photograph of the cover Inclusion International’s report *Independent but not alone: a global report on the right to decide* (2014).

## Slide notes:

In New Zealand, and in most other countries in the world, there are guardianship laws.

These laws make it ok for other people to make decisions on behalf of some disabled people.

This needs to change.

To see what other countries are saying have a look at Inclusion International’s global report on the right to decide called **INDEPENDENT BUT NOT ALONE.**

# Slide 17

## Slide title:

Comment on Article 12

## Slide text:

## I Say No

## Picture:

The text ’I SAY NO’ is in capital letters with ’SAY’ in red text, the other words are in black. This text takes up most of the slide.

## Slide notes:

The UN Committee has made a Comment to help counties with article 12.

In the comment they have said NO to any substitute decision making. Substitute decision making means: someone else making decisions for people with a disability.

This means most counties will have to look at what they do now and make big changes. Article 12 will mean big changes in New Zealand.

You can find this comment on the United Nations’ human rights website.

We need to remember that the all of the rights in the convention are for all disabled people not just some.

As Robert Martin heard a person with learning disability say in Africa: There are no half rights, only full rights.

# Slide 18

## Slide title:

Support or Control?

## Slide text:

## No text.

## Picture:

An image of two stylised figures and a red jigsaw piece. One figure is lifting the other figure to help it climb over the jigsaw piece.

## Slide notes:

For many years others have made decisions for us. While most people would be thinking they are being helpful it doesn’t feel good.

The law has been used to try and control us by people that are meant to support us. Some people have been stopped from getting married or having children or living where they want to.

Services often have rules that work for them but don’t work for us. Like making people who don’t choose to live together be flatmates and making people go to day bases when they want to stay home.

Think about if you had to live with someone you didn’t like and you could not change this.

Think about if you were forced to go somewhere when you don’t feel well.

# Slide 19

## Slide title:

NZ Disability Action Plan

## Slide text:

## No text.

## Picture:

A black and white drawing of 3 people, facing forward. A woman to the left is holding a cane, a man in the centre is using a wheelchair, and the third figure is taller than the other two, it is a man standing with his arms folded.

## Slide notes:

People First has been working with the other Disabled People Organisations and the Government to make the New Zealand Disability Action Plan.

We are really pleased that there is an action about supported decision making in it.

This means New Zealand will have to do some work on this over the next 4 years.

# Slide 20

## Slide title:

Making our Decisions

## Slide text:

## No text except noted below in Picture.

## Picture:

A picture of a signpost against a sky background. At the top of the signpost is the word ’LIFE’. Below this are four signs pointing in different directions: a yellow sign features the word ’CAREER’, the sign below this is green with the word ’MONEY’. To the right of this are two signs pointing in the opposite direction – one is blue with the word ’FAMILY’, and the one below it is red with the word ’LOVE’.

## Slide notes:

In the first part of the plan it talks about making my own choices.

It says:

* I can make my own choices about what I want to do
* I have the information and support I need to help me make choices in a way that I understand.

These words are really important to us.

# Slide 21

## Slide title:

To make a decision

## Slide text:

## No text except noted below in Picture.

## Picture:

This slide features a diagram. It is a 6 interlinking ovals which encircle the words ’DECISION QUALITY’. There is a question on the outside of each oval and phrases inside each one. These are described below:

* Yellow oval: Words outside the oval ’What are my choices?’ and in the middle ’Creative alternatives’
* Pink oval: Words outside the oval ’What do I know?’ and in the middle ’Useful information’
* Grey oval: Words outside the oval ’Am I thinking straight?’ and in the middle ’Sound reasoning’
* Blue oval: Words outside the oval ’Will I really take action?’ and in the middle ’Commitment to follow through’
* Orange oval: Words outside the oval ’What is it that I am deciding?’ and in the middle ’Helpful frame’
* Green oval: Words outside the oval ’What consequences do I care about?’ and in the middle ’Clear values’

## Slide notes:

To make choices we need:

* to know what the choices are
* have information in ways we can understand
* know what will happen if we go ahead and what will happen if we do not go ahead
* have time to think – not to be rushed
* have people we trust to talk to and support us.

# Slide 23

## Slide title:

A team

## Slide text:

## No text.

## Picture:

A group of stylised figures form a two-dimentional pyramid/trigangular shape. There are six figures in the back row and this decreases in each row until there is one figure at the apex or tip of the triangle. This figure is red.

## Slide notes:

Everyone can make decisions.

For people who find it hard to talk they can still show if they like something by smiling or do not like something by getting upset.

It’s our job to listen really hard.

It is good for some of us to have people who love and care for us to help us with decision making.

We do not know how supported decision making will work in New Zealand and overseas but we know that things will be changing.

# Slide 24

## Slide title:

The People First logo is featured in the title area.

## Slide text:

## What can people working in services do to assist with decision making?

## Picture:

No other images.

Slide notes:

No notes.

# Slide 25

## Slide title:

Do you ...?

## Slide text:

* know about the UN Convention and use it in your work?
* know what Article 12 says and the UN Committee comment on it?
* teach the Convention to your staff?

## Picture:

To the left of the text is the large blue United Nations logo.

Slide notes:

No notes.

# Slide 26

## Slide title:

Do you ...?

## Slide text:

* keep up to date with things like the New Zealand Disability Action Plan and what is in it?

## Picture:

To the left of the text is a picture of the cover of the Easy Read version of the The Disability Action Plan 2014 – 2018.

## Slide notes:

No other notes.

# Slide 27

## Slide title:

Do you ...?

## Slide text:

* give information in Easy Read and other ways that work for the people you support?

## Picture:

To the left of the text is a picture of a hand giving the ’thumbs up’ sign, and behind this is a the picture of a figure reading a leaflet.

## Slide notes:

No other notes.

# Slide 28

## Slide title:

Do you ...?

## Slide text:

* ask the question:
“What do you need to help you make your choices and decisions in your life?”

## Picture:

To the left of the text is an illustration of a stylised figure of a man holding his head in his hands. He is leaning against a large red question mark in such a way that the question mark is giving way under his weight.

## Slide notes:

No other notes.

# Slide 29

## Slide title:

Do you ...?

## Slide text:

* tell people off when they make mistakes?
Instead of this, talk about what went wrong and assist them to learn from their mistake.

## Picture:

To the left of the text is a picture of the cartoon character Homer Simpson with his eyes closed, his mouth in a circle hitting his own head and saying ‘DOH’.

## Slide notes:

No other notes.

# Slide 30

## Slide title:

Do you ...?

## Slide text:

* talk to the people you support about any changes that are happening in your service?
Make sure you also include others that love and care for the people you support.

## Picture:

To the left of the text is a cartoon picture of a yellow smiling face in a larger pink heart.

## Slide notes:

No other notes.

# Slide 31

## Slide title:

Do you ...?

## Slide text:

* work out ways to make sure people have control over and understand about their money as much as possible?

## Picture:

To the left of the text is a cartoon picture of a yellow smiling face with a dollar sign for each eye.

## Slide notes:

No other notes.

# Slide 32

## Slide title:

Do you ...?

## Slide text:

* involve the people you support when hiring staff?

## Picture:

To the left of the text is a picture of a line of 9 figures, all grey except on in the middle which is yellow. A magnify glass is placed over the yellow figure.

## Slide notes:

No other notes.

# Slide 33

## Slide title:

No title in title space

## Slide text:

How is you service doing?

Self check list.

## Picture:

No images.

## Slide notes:

All these ideas have been put into the People First NZ‘s “How is your service doing?” self checklist.

We hope this checklist helps you to make sure it’s our decisions that make our good life.

#

# Slide 34

## Slide title:

Thank you for listening

## Slide text:

Text noted below in Picture.

## Picture:

Picture of the words ‘Thank you’ set in a red bar, with a multi-pointed yellow star behind the red bar.

## Slide notes:

Thank you for listening today.

Thanks to the organisers of this conference for asking People First to speak.

I hope we have given you something to think about!

Enjoy the rest of the conference.

Thank you.

ENDS