# Vaka Tautua: Community Health Services

## Describing notes for Powerpoint Presentation The Conversation: Supported Decision Making Hui

Vaka Tautua   
  
  
General notes about this presentation

* There is a new page for each slide and each page is headed with the slide number – there are 21 slides.
* Images and graphics are described under ‘Picture’.
* The Vaka Tautua logo features in an oval on the top right hand side of most slides. This is a stylised picture of a Cook Island vaka (single sail small boat) with the words “Vaka Tautua”.

# Slide 1 – Title slide

## Slide title: Vaka Tautua Community Health Services

## Slide text: None

## Picture:

11 photos of Pacific Island people posing and smiling, many with traditional leis (flower necklaces) around their necks or heads.

In one photo a woman is playing the guitar.

In one photo a woman has several ten dollar notes tucked under her dress straps.

In one photo a woman is holding over a polystyrene container showing the food inside.

Vaka Tautua logo in centre of photos, with the words:

Community Health Services

#Pacific Health

#Pacific Connect

# Slide 2

## Slide title: Supporting pacific people

## Slide text: Supported decision making. Vaka Tautua.

## Picture: Vaka Tautua logo top right.

# Slide 3

## Slide title: Community Health Services. For Pacific by Pacific. Disability Information Advice and Support

## Slide text:

Vaka Tautua provides information, advice and support in all areas of a Pacific disabled person’s life, from accessing equipment, building ramps, dispelling negative belief systems and accessing financial support.

Names and contact details for 7 people in Auckland, Wellington and Christchurch DIAS.

General Vaka Tautua contact details including phone number and website address.

Right quarter of slide contains the following text:

Services include:

* Disability information advice and support services
* Mental health community support service
* Mental health peer support
* Older people’s support service
* Like minds like mine
* Mental health navigation service
* Management support service

## Pictures:

Head shot photos of 7 DIAS representatives.

Vaka Tautua logo bottom left.

Map of New Zealand under words on right side, with Auckland, Wellington and Christchurch marked.

# Slide 4

## Slide title: Our Initiative

## Slide text: VISION

## *“To strengthen Pacific families with disability to realise their aspirations and enjoy a much improved quality of life.*

## *We seek to develop the financial management skills of Pacific families who care for a family member with a disability so they are better equipped to respond to the additional financial and emotional pressures they face as a result of being carers.”*

## Picture: Vaka Tautua logo top right.

# Slide 5

## Slide title: WHY?

## Slide text: Pacific People

## Have lower median income at $19,700 p.a. ($8,800 below national median)

## Are more likely to experience long term indebtedness

## Are more likely to have high debt-to-asset ratio

## Are in the ‘low knowledge’ group – Financial Knowledge and Behaviour Survey 2013

## Households with unpaid carers typically earn 10% less than others

## Picture: 2 photos of Pacific Island people. Two women in each photo. All are wearing leis on their heads and are smiling.

# Slide 6

## Slide title: WHY?

## Slide text: Average NZ carer devotes 30 hours per week

## Over 20% of people in Auckland who care for someone in their household with illness or disability are Pacific

## High costs of disability products e.g. medical visits, prescriptions, incontinence products, mobility transport, etc.

## Household expenses are higher i.e. costs for water, laundry and electricity

## Picture: 3 photos on right hand side.

Top photo has a man and a woman smiling. Woman has lei around her neck. Man is wearing a high-visibility vest.

Middle photo is a woman presenter standing in front of a large screen. A slide from a presentation is visible on the screen.

Bottom photo is a group of 13 people all with red leis around their necks. They are holding certificates.

# Slide 7

## Slide title: HOW?

## Slide text: Teach financial capability, tailoring Commission for Financial Capability programme to our target families

## Reinforce significant behaviour change through workshops and by in-home coaching

## Monitor progress, reinforce concepts, celebrate success

## Families do this for themselves

## Picture: Two photos on right side.

Top photo contains three people, a woman, a man and a child. All have leis around their necks. The man and the woman also have leis around their heads.

Bottom photo is of a man playing the guitar.

# Slide 8

## Slide title: Financial literacy for Pacific Families with Disability.

## Free 8 week programme

## Slide text: None

## Picture: 7 photos

4 photos are of groups of people with leis around their necks smiling.

One photo has a man and a woman sitting at a table. The woman is holding a pencil over a piece of paper and the man is also pointing at the paper.

One photo has a line of 4 people sitting on one side of a table. The man closest to the front has sunglasses on and a cane leaning on his shoulder. On the other side of the table are 2 women pointing at the paper on the table.

One photo has a line of people serving themselves food from a table.

# Slide 9

## Slide title: Financial literacy coaches

## Slide text: none

## Picture: Three women smiling. The middle woman is holding a certificate.

Vaka Tautua logo top right.

# Slide 10

## Slide title: Impact with Pacific Families

## Slide text: FINANCIAL FREEDOM AND SELF-SUSTAINABILITY

## Housing Stability

## Less Debt

## Increased Savings

## Accessing entitlements & increased earnings

Picture: Vaka Tautua logo top right.

# Slide 11

## Slide title: Health – living longer and living better.

## Slide text: Healthier lifestyle through nutrition

## Smokefree

## Improved wellbeing – by doing this together – children and extended family

## Improved Support to Family Member with the Disability

## Picture: Vaka Tautua logo top right

# Slide 12

## Slide title: Education – Long life learning

## Slide text:

* Start-up business
* Return to education
* Upskilling through Training

## Picture: Vaka Tautua logo top right

# Slide 13

## Slide title: Comments from participants

## Slide text:

“Wish I knew this information *(on credit contracts)* when I brought my car four years ago”

“I have attended a lot of courses but this is the only one that I have stayed committed to and act on by filling out my spending diary”

“I need to work hard to improve. Actions speak louder than words”

## Picture: 3 photos on right of slide

Top photo of 2 smiling women with leis around their heads.

Bottom left photo of a woman standing in front of 10 pieces of material printed with Pacific Island designs.

Bottom right photo 2 smiling women with leis around their heads.

## Picture: Vaka Tautua logo top right

# Slide 14

## Slide title: Comments from participants

## Slide text:

“Lots of new things that tempts us if we’re not careful”

“I have just brought a car from a dealer and it broke down 3 months later, I now learnt that I can take my car back to be fixed.”

“It will help me to accomplish something for the New Year – Save, Save, Save!”

## Picture: 2 photos on right of slide

Top photo of 2 women. One is handing the other an open polystyrene container of food.

Bottom photo of 2 women and a man smiling.

## Picture: Vaka Tautua logo top right

# Slide 15

## Slide title: Case Studies

## Slide text: None

## Picture: Group photo of 27 people of varying ages smiling. All wearing leis around their necks.

## Picture: Vaka Tautua logo top right

# Slide 16

## Slide title: Eight months after starting the programme

## Slide text:

One of our Dads is now **employed** as a wage worker and is continuing his **study** around work commitments.  He is studying computing towards a level 4 qualification and he has enrolled in a free English course.  He feels this will add to his work experience to be able to earn higher wages in the future.

The lawn mowing **business** continues with Dad as manager and the youth living in the home doing the mowing.  This continues to provide increased income into the household.

Recently one of the lawn mowers needed replacing and also their vehicle broke down. They were able to purchase a new mower and fix the vehicle with money they have saved all because they have been applying what they have learnt from the Financial Literacy Program.

 Picture: 2 photos on right side of slide.

Top photo has a man and a woman both holding a certificate.

Bottom photo has 2 smiling women both with leis around their necks. Woman on the left has a flower behind her ear.

# Slide 17

## Slide title: None

## Slide text:

Dad has had knee surgery but still has problems with the arthritis in his hands and is due for an operation in April.  He is keen to have the operation as it will help him be able to grip properly which will help with his work opportunities and earning more income.

Mum’s health seems better but she continues to work very hard to generate income towards the goal of owning their own home.

The family continues to keep a spending diary to manage income and expenses.

## Picture: 3 photos on right side of slide

Top photo is a group of 11 people smiling.

Middle photo has 2 women and a man. The women are holding certificates.

Bottom photo has a man and 2 women smiling. All have leis around their necks.

# Slide 18

## Slide title: none

## Slide text: none

## Picture: First and second third of page contains advertising leaflets for Vaka Tautua’s financial literacy programme.

Final third of page has 2 photos.

Top photo is a woman holding a bowl of fruit salad doing a thumbs up gesture.

Bottom photo is a girl standing behind a large pot of stew doing a thumbs up gesture.

# Slide 19

## Slide title: None

## Slide text: None

## Picture: First 2 thirds of page contains a copy of information flyer for Vaka Tautua literacy programme.

Last third of slide contains 3 photos.

Top photo has two people sitting at a table with papers in front of them.

Middle photo has two women smiling.

Bottom photo of 2 women and a man smiling.

# Slide 20

## Slide title: Emerging innovation award

## Slide text: Vaka Tautua received the ***'Emerging Innovation Award'*** at the 2015 Pasifika Whānau Ora Awards in November 2015.

## The Awards were held in Wellington and providers, partners of Whānau Ora and individuals where recognised for their outstanding contribution to the Pasifika Whānau Ora work.

## Picture: Photo of woman with flower in her hair holding the award.

## Picture: Vaka Tautua logo top right

# Slide 21

## Slide title: Community Health Services. For Pacific by Pacific.

## Slide text:

* Disability Support Services
* Financial Literacy
* Pacific Mental Health
* Older Peoples Support

[www.vakatautua.co.nz](http://www.vakatautua.co.nz)

0800 825 282

## Picture: Large Vaka Tautua logo on left side.